



About From Grief to Grace

Grief to Grace is a four to five day psychological and spiritual journey providing safety and support for anyone who has suffered degradation or violation through physical, emotional or sexual abuse or neglect. It is appropriate for those who have endured rape, incest, or other forms of traumatic violation in childhood, adolescence or as an adult. It is also suitable for those who have suffered abuse by a member of the clergy. This model of care provides therapy for the soul.

The program is designed to help you experience the love and support of the suffering body of Christ as you journey through the Pascal Mystery of your own life.

This effective healing process combines Living Scripture with journaling, group activity and discussion, therapeutic facilitation, cognitive restructuring and grief work. It is a pilgrimage to discover the love, tenderness, belonging, safety, joy and peace that are often missing from the stories of abuse victims.

FOR MORE INFORMATION ON GRIEF TO GRACE

Visit our website:
www.GriefftoGrace.org
Or call our Hotline:
610-203-2002



*Grief to
Grace* 

Healing the Wounds of Abuse



United with the broken body of Christ, we die like the grain of wheat. But by the power of Christ's Passion, we share in His Resurrection and are transformed into bread for the world.

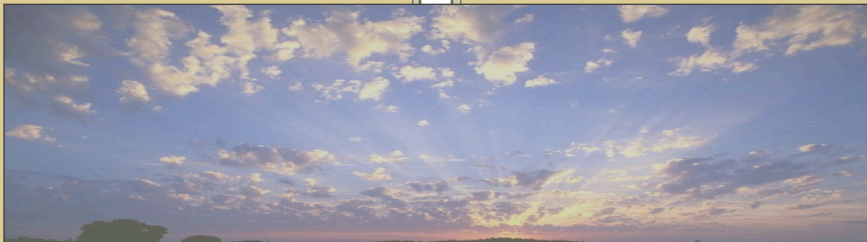
What people are saying about Grief to Grace...

"Incredible! Each session went deeper and pulled my emotions up and out of the darkness. I have never been on a retreat like this. The insight and knowledge was amazing. You seemed to cover most areas in the lives of abused women and men. Only the Spirit could have created something such as this. Thank you!"

"This is one of the most powerful, life-giving, excruciating, invigorating retreat weekends I have ever been on."

"I am a new creation! This was a wonderful safe environment for souls to heal. A life changing experience! This program is so needed for people to heal from abusive experiences. It was wonderful to have so many young men and women. This will change our world as young families are healed in their ability to reclaim the gift of sexual dignity."

"I can't believe how much better I feel. It seems like the Lord changes you more when you do not really want to be taught. I appreciated all the sharing. It was great to hear others' responses. This experience was wonderful. Thank you."



"Excellent - this process stimulated so many feelings! I appreciated the non-coercive environment and the unconditional acceptance."

"Everything was so deep and meaningful. God was truly present!"

"Grief to Grace refreshes. I was awakened in a way that I didn't even know that I needed. It was a safe space for me to finally allow myself to be honest with myself and those around me. No games, no masks; just the real me and God face to face in an intense way. It was ok for me not to be perfect and it was safe for me to admit that I was hurt and that I deserved more than misery and self-hatred. For the first time my guard was totally down and the deepest part of me was touched and healed by God's grace. I am still reaping the benefits of my Grief to Grace Experience. The world is brighter and I am learning to smile when I look in the mirror. Please, if you are hurting, partake in the Grief to Grace Experience, learn to believe in your own dignity. Let God love you like He wants to and like you deserve to be loved."

The Founder

The *Grief to Grace* program was composed by Dr. Theresa Burke. She is also the founder of *Rachel's Vineyard Weekends for Healing After Abortion*, now offered around the world. Dr. Burke is recognized as a leader in the field of trauma and healing. Her programs are known and highly regarded for their compassionate reverence for each person's dignity and worth. *Grief to Grace* provides a professional therapeutic staff and all treatment is based on a firm Christian foundation as well as sound medical and psychological principles and a perceptive understanding of trauma.



Find Your Path to Healing Through
Grief to Grace
of Louisiana

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All inquiries are confidential!

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