

## What People are Saying

"I pray that all who participate in Rachel's Vineyard with the longing to be free and to be healed by Jesus, may find Him, the source of true joy, peace and love, and allow God to restore them to wholeness and happiness. I am praying much for you. God Bless you."

~Blessed Mother Teresa of Calcutta

"Healing after abortion is a long road. Few steps along that road are more powerful than Rachel's Vineyard retreats. In the name of the Lord of Life and Mercy, I invite you to enter this place of welcome and understanding."

~Fr. Frank Pavone,  
National Pastoral Director of  
Rachel's Vineyard and National Director  
of Priests for Life

"I cannot think of another work of this kind so well done. A most difficult and painful human problem is engaged with faith, psychological insight and trust."

~Fr. Benedict Groeschel, CFR  
psychologist and spiritual director

"I would not hesitate to recommend the retreat to anyone I know that has a past abortion experience if they are searching for God and his forgiveness. Our experience with Rachel's Vineyard has been remarkable. We have never witnessed the intensity, depth of healing, and restoration."

~Pastor Phil Holsinger  
Family Care Network

## Who We Are

Rachel's Vineyard weekends for healing are offered in hundreds of locations across North America and in many countries throughout the world. The movement was founded by Dr. Theresa Burke and Kevin Burke, LSW and is a ministry of Priests for Life.

Rachel's Vineyard offers Leadership Conferences and clinical training resources for many post abortion ministries including Family Life offices, Project Rachel and numerous faith based organizations. Our retreats are held in both Catholic and Interdenominational settings.

## Helpful Resources:

### Forbidden Grief:

**The Unspoken Pain of Abortion**  
This book is considered the definitive work on traumatic reactions following abortion. Written by the founder of Rachel's Vineyard Dr. Theresa Burke  
Product #: 1659  
Suggested donation: \$20.00

### Redeeming a Father's Heart

In this book men share powerful stories of abortion loss and recovery.  
Kevin Burke, LSW  
Product #: 2004  
Suggested donation: \$12.95

To order:  
Orders@priestsforlife.org  
1-888-735-3448 x 237

## Weekends for Healing After Abortion

Retreats are held every weekend throughout the United States and internationally. For more information and a complete listing of Rachel's Vineyard Weekends, please visit our website:

[www.rachelsvineyard.org](http://www.rachelsvineyard.org)

If you or someone you love is hurting from an abortion, please call our toll-free national hotline today:

1-877-HOPE-4-ME  
(1-877-467-3463)

For information on clinical training or how to start a team for Rachel's Vineyard in your area, contact [info@rachelsvineyard.org](mailto:info@rachelsvineyard.org)

## Local Contact:



International Headquarters  
808 N. Henderson Road  
King of Prussia PA 19406  
610-354-0555 fax 610-354-0311

# Rachel's Vineyard

Healing the Pain of Abortion,  
One Weekend at a Time



The world's largest ministry for  
healing after abortion

[www.rachelsvineyard.org](http://www.rachelsvineyard.org)



## You Are NOT Alone...

Every year men and women suffer the after-effects of abortion which can include:

- Bouts of crying
- Eating disorders
- Depression
- Guilt
- Intense grief / sadness
- Anger / rage
- Emotional numbness
- Lowered self esteem
- Drug and alcohol abuse
- Flashbacks / Nightmares
- Suicidal urges
- Fear of pregnancy / pregnant women
- Anxiety / panic attacks
- Repeat abortions / crisis pregnancies
- Difficulty w/ relationships
- Inability to forgive self or others
- Fears of punishment from God

“My abortion has left me with an empty place in my heart and soul. I had tremendous sorrow and regret over the effect this has had on my family. As a mother, I struggled with the reality that I destroyed my child.”

“I have been through 14 years of therapy and anti-depressants. I've confessed my abortion a hundred times. Just when I thought I could take the pain no longer, I found Rachel's Vineyard. This weekend literally saved my life.”

## Rachel's Vineyard

Healing the Pain of Abortion,  
One Weekend at a Time

Rachel's Vineyard weekends are a beautiful opportunity for any person who has struggled with the emotional or spiritual pain of abortion. The weekend is a very specific process designed to help you experience the mercy and compassion of God. It is also an opportunity to surface and release repressed feelings of anger, shame, guilt, and grief.

Each weekend is run by volunteers who care deeply about your needs. Many of the facilitators have suffered the same loss.

The weekend is a chance to get away from daily pressures to focus on the buried emotions of the past in light of present symptoms and begin healing through a supportive trauma sensitive process. Rachel's Vineyard provides a non-judgmental, safe environment. The weekend will help your soul find a voice, and transform the pain of the past into hope and love.

## “Therapy for the Soul”

For more information about weekends near you visit: [www.rachelsvineyard.org](http://www.rachelsvineyard.org)  
Or call confidentially at  
1-877-HOPE-4-ME  
(1-877-467-3463)

## Testimonies

“I experienced a great inner healing as a result of attending the Rachel's Vineyard Weekend. I highly recommend this program to anyone who has felt the void and shame of the abortion experience. It is wonderful to forgive yourself, find the unconditional love of Christ and grieve the loss of your little child.”

“To any one considering the need to reconcile their abortion, the retreat is a wonderful gift you could give yourself. You are able to experience the sadness, grief, and shame in the company of other women and men feeling very much the same. You are able to turn this pain into hope with the help of nurturing counselors and supportive caretakers. You are not rushed or hurried, but given time to reflect and become open to the healing process gradually.”

“Rachel's Vineyard has far surpassed all my expectations. I have never witnessed so much healing and relief from anything else I have observed or experienced.”



## More Testimonies

“I never knew my wife had suffered so much pain over an abortion she had before I met her. It was a real eye opener to attend the Rachel's Vineyard Weekend with her and offer my support in an area of her life where there was so much secret grief. Our marriage has truly been blessed. We are closer now than we have ever been.”

“For 18 years I have been haunted with heavy guilt that no one could take away, tormented by thoughts of what my child would have been like. Through participating in Rachel's Vineyard, I was finally able to forgive myself. I know that God has given me a peaceful mind, cleansed my heart and has washed away my guilt.”

“After struggling alone for years with the guilt, shame and remorse of my involvement with my girlfriend's decision to abort our child I finally found a ministry that recognized my need to get help. Rachel's Vineyard provided a place where I could voice my pain and loss. The acceptance of the women there was especially helpful because I felt I had hurt my girlfriend so badly that all women would despise me if they knew what I had done. Their understanding and acceptance helped me to move further in forgiving myself and helped me to love others in my life in a deeper way.”